



BECOME A PARTNER

Virginia's 100 CONGREGATIONS FOR MILLION HEARTS®

We are committed to combating the two leading causes of death in the United States: heart disease and stroke, and will help guide our members toward a heart-healthy lifestyle.

To sign up your Congregation/House of Faith to be a partner in the **100 Congregations for Million Hearts®** initiative, fill out the following form by providing your Point of Contact information and selecting two (2) Activities.

POINT OF CONTACT

Official Name of Faith-Based Institution:		
Street Address:	City:	Zip code:
Leader(s) Name/s:		
Name/s:		
Website Address (if available)		
Million Hearts® Champion Name*:		
Email:		
Telephone:		
Other:		

*Your *Million Hearts Champion is the designated point of contact for your institution on matters related to the 100 Congregations for Million Hearts® Initiative.*

We, as a faith-based institution, will commit to accomplishing at least two of the following activities:

ACTIVITIES (SELECT 2)

- ☐ Establish and/or strengthen relationships with local experts and resources (community pharmacists and health centers, community health workers, other medical professionals).
- ☐ Disseminate messages about the importance of, and action steps to, hypertension control (pulpit, website, emails, or weekly bulletins).
- ☐ Promote and use risk assessment tools and mobile applications such as Heart Health Mobile (iOS only).
- ☐ Distribute blood pressure tracking tools (wallet cards or journal to record blood pressure readings).

HOW TO SIGN UP

As a final step towards signing up for participation in Virginia's 100 Congregations for Million Hearts, please fax or scan and send your completed form to Augustine Doe, Health Equity Specialist, VDH, Office of Minority Health & Health Equity (OMHHE). **Fax:** 804-864-7440 – **Scan:**

Augustine.Doe@vdh.virginia.gov. **Note:** Mr. Doe will forward your information for inclusion in the 100 Congregations for Million Hearts Initiative. Your organization will be listed on Virginia's 100 Congregations for Million Hearts and the National Million Hearts web page.

Sign-up Form can be copied or downloaded from OMHHE website: <http://www.vdh.virginia.gov/OMHHE/>